

NORTHLANDS WOOD PRACTICE PATIENT INFORMATION LEAFLET ON TRAVEL VACCINATIONS

For multi-destination travelers, or if a course of vaccinations is required, you may need to attend several times. **Please ensure you allow a minimum of 6-8 weeks for vaccinations before you travel.**

Some travel vaccinations are currently free and others are chargeable as they are a private service.

At Northlands Wood Practice we are able to give you Hepatitis A, Typhoid, Tetanus, Diphtheria and Polio vaccinations free of charge. Oral Cholera vaccine is available via NHS prescription (current prescription charge will apply).

Advice on vaccinations and malaria protection for travelers change frequently - we recommend you look at the specialist travel websites below for current advice and to consider which vaccines you may require/wish to have, dependent on the level of risk.

NaTHNaC www.travelhealthpro.org.uk

- go to country information
- click on the initial of country of travel
- click on country
- click on vaccine recommendations and read all info
- Read all other information in this section (general info, other risks, malaria, important news, outbreaks)

FIT FOR TRAVEL www.fitfortravel.nhs.uk

- go to destinations (top box)
- type in the country of travel into the search box and search
- click on the country
- go to immunisations and read all information
- Read all other information in this section (Advice for all destinations, Malaria, Malaria Map, other health risks)

After you have researched what travel vaccinations are advised, please contact us for a Travel Questionnaire if you require; **Hepatitis A, Typhoid, Tetanus, Diphtheria, Polio and Cholera** vaccinations. You **must complete and return the travel questionnaire to us and then we will contact you to book an appointment. Incomplete forms will be returned.** If you are unsure about historic vaccinations, please ask reception to print a summary for you.

Other vaccinations and antimalarial tablets must be obtained via a private travel clinic – examples below

Kamsons Pharmacy (Northlands)	01444 453280
CityDoc Clinic, Lindfield	020 3794 6697 (central booking number or book online)
Sussex Travel Clinic, Hove	01273 749100
St Peter's Medical Centre, Brighton	01273 606636
MASTA Travel Clinic, Gatwick Airport	0330 100 4174 or www.masta-travel-health.com

(MASTA clinics are located in many areas including Crawley, East Grinstead and Horsham)

Boots and Superdrug – some larger stores carry out travel consultations (currently advertising that consultations/advice are free, but payment required for vaccines)

Malaria

For up-to-date information on malaria please check the Fit for Travel and NaTHNaC websites. The Fit for Travel website has malaria maps, showing the risk of malaria for each destination.